

**Welcome**

*Start by spending some unstructured time together. Eventually, transition to a welcome question, either general or specific.*

- General Question: What was the highlight of your past week? What was the roughest part?
- Specific Question: What is one thing you are or have been afraid of?

**Lectio Divina****Listen**

- Begin with a few moments of quiet or a prayer.
- Facilitator: "During the first reading listen for specific words or phrases that grab your attention."
- Have one person read the passage aloud.

**Meditate**

- Facilitator: "During the second reading meditate on the text, asking God what it means."
- Have one person read the passage aloud.

**Share**

- Facilitator: "After the third reading, share out loud the word or phrase that came to you."
- Have one person read the passage aloud.
- Take this moment to share your word or phrase.
- If you have time to go through the discussion questions, do so now.

**Savor**

- Facilitator: "During the fourth reading savor Let go of words, and ask God to reveal how the text might affect your life this week."
- Have one person read the passage aloud.

**Luke 8:22-26**

*One day Jesus said to his disciples, "Let us go over to the other side of the lake." So they got into a boat and set out. As they sailed, he fell asleep. A squall came down on the lake, so that the boat was being swamped, and they were in great danger.*

*The disciples went and woke him, saying, "Master, Master, we're going to drown!"*

*He got up and rebuked the wind and the raging waters; the storm subsided, and all was calm. "Where is your faith?" he asked his disciples. In fear and amazement they asked one another, "Who is this? He commands even the winds and the water, and they obey him."*

**Discuss**

*Take your time to discuss the following questions. Make space to let everyone speak.*

- 1) What thoughts or emotions stir in you when you read this passage?
- 2) Is there anything in the text you find discouraging or encouraging?
- 3) What does this passage teach us about the nature of God?
- 4) How might this affect the way you interact with the people who make up Austin Mustard Seed? How might this affect how you interact with neighbors (literal neighbors, coworkers, friends, etc.)
- 5) What do you want to remember about this passage in the week to come?

**Pray Together**

*Spend time praying together for hopes, dreams, joys and needs. Make sure at least one person records the prayers and sends them to the rest of the group.*